



What's in Your Hand?

This worksheet is designed to help you reflect on your God-given gifts and begin using them with confidence in your unique role as a pastor's wife.

✝ Read the article "What is in your hand?" on <https://marriedtoapastor.com/what-is-in-your-hand/> for context.

Section 1: Reflection Questions

1. What activities bring you joy when serving others?
2. What do others consistently thank you for?
3. When do you feel most 'in your element' in ministry or service?
4. Are there any natural abilities or learned skills you've used consistently?
5. What past experiences (even painful ones) could God use for ministry?

Section 2: Gift Assessment

Rate each area from 1 (Not a fit) to 5 (Strong gifting):

Gift Area

Your Rating (1-5)

Notes or Examples

Hospitality

Teaching

Encouragement

Event Planning

Creativity

Counseling

More at: MarriedtoaPastor.com

Administration

Writing/Blogging

Mentorship

Prayer Ministry

Which areas had the highest number? This could be “what’s in your hand!” It could be your gift!

Section 3: Scripture for Meditation

- Exodus 4:2 – 'Then the Lord said to him, “What is that in your hand?”'
- 1 Peter 4:10 – 'Each of you should use whatever gift you have received to serve others...'
- Romans 12:6 – 'We have different gifts, according to the grace given to each of us.'

Section 4: Next Steps

Write down one small way you can use a top-rated gift in the next 30 days:

Who can support or pray with you about using this gift?
