



Activity: “Purpose & Passion in 30 Minutes”

Step 1: Quiet Reflection (10 minutes)

Find a quiet space with your journal. Pray this simple prayer:

“Lord, show me what You’ve placed in me that brings You joy and helps others.”

Then, answer these 3 questions:

1. What do I love doing that energizes me?
2. What breaks my heart when I see it in the world or in others?
3. What have others consistently asked me for help with?

Step 2: Passion Snapshot (10 minutes)

Review your answers and write one sentence:

“I believe God is calling me to impact _____ through _____.”

(Example: “I believe God is calling me to impact young women through mentoring and honest conversations.”)

Step 3: Make Your Mark Plan (10 minutes)

Using what you’ve written, answer:

- **What’s one simple thing I can do this month to start?**
- **Who can I tell for encouragement or accountability?**
- **What will success look like in 30 days?**

Repeat this activity quarterly as God reveals more clarity.

God doesn’t call you to everything—He calls you to something. Let this guide help you walk confidently in it.

5 Powerful Scriptures to Build Your Faith in God's Ability

1. **Philippians 4:13 (ESV)**

"I can do all things through Him who strengthens me."

2. **Ephesians 3:20 (NIV)**

"Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us..."

3. **2 Corinthians 3:5 (NLT)**

"It is not that we think we are qualified to do anything on our own. Our qualification comes from God."

4. **Isaiah 41:10 (NIV)**

"So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you..."

5. **Romans 8:37 (NIV)**

"No, in all these things we are more than conquerors through him who loved us."

Now, go in Jesus' name!